

### Using Voice and Movement in Therapy: The Practical Application of Voice Movement Therapy

Paul Newham



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**Using Voice and Movement in Therapy: The Practical Application of Voice Movement Therapy** Paul Newham

(Jessica Kingsley Publishers) London Voice Centre, UK. Practical guide to the way in which physical movement and the expressive use of the voice can be therapeutic. Examines massage, manipulation and dance, and combined with vocal expression they can alleviate emotional, psychosomatic, and psycological symptoms. Softcover.

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