



Elemental Energy: Crystal and Gemstone Rituals for a Beautiful Life

Kristin Petrovich

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An aspirational guide to incorporating the transformative power of crystals and gemstones into a stylish life, from the founder of luxury crystal-infused skincare line Själ.

There are many reference books on crystals on the market, but there is no book like *Elemental Energy*, which guides readers through incorporating the beauty, allure, and power of crystals into a stylish life. With its elegant aesthetic and lush, fashion-forward photography, *Elemental Energy* is an entirely new take on crystals—one that captures their magic and magnetism, but for a decidedly modern twenty-first century life, from organic skin care to at home spa treatments.

Part aspirational, part prescriptive, *Elemental Energy* combines full-color photography throughout with innovative practices, tips, and techniques for harnessing the transformative energy of crystals and gemstones for optimal wellness and beauty. Author Kristin Petrovich—founder of luxury gem-infused skincare line Själ—takes readers from the basics of crystal and gemstone energy to building an affordable, essential crystal collection; from crafting crystal-infused skincare to self-care with crystal and gemstone massage; from creating luxurious and restorative crystal-centric rituals to finding the perfect stone to enhance every occasion.

Timely and on-trend, *Elemental Energy* is the must have resource to a beautiful life infused with the energy of crystals and gemstones, from an unparalleled expert in the holistic, luxury beauty world—perfect for crystal obsessives and fashion savvy readers alike.

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