



My Life with a Borderline: My Personal Journey

Matthew Kelleher

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Yvette was charming, sexy and smart. She was also a doctor. And she wanted him. Could this be 'too good to be true'? How could he have been so lucky to find her?

What he didn't know at the time they met was that she was probably a 'high-functioning Borderline', someone exceptionally intelligent, alluring and amorous, yet self-destructive and damaging; not just to him, but to herself. As a result of their first meeting, his two-year relationship with Yvette would literally take him to the edge of insanity, and back again. And it would only be through the painful, gruelling process of self-discovery that he would find the inner strength to finally release himself from the madness and mayhem that characterised his 'Borderline' relationship. This personal journey eventually led him to find the reasons why he had been attracted to Yvette in the first place, reasons that would literally be life-changing. This is his story...

Kelleher's explicit and honest autobiographical memoir of his two-year relationship with someone whom he suspected was suffering from 'Borderline Personality Disorder' is both harrowing, and enlightening. It details the story of how Kelleher succumbed to Yvette's 'Borderline charms', primarily through a lack of his own self-awareness, and tells the story of their subsequent relationship. It also details his traumatic experience in trying to leave this relationship, required in the end to safeguard his own sanity.

But beyond his story, Kelleher tells the account of how his relationship with Yvette awoke fundamental realisations about his own character, and about why he chose to remain in such a dysfunctional relationship for so long.

In essence, it is a story about self-discovery and about how Kelleher's relationship with someone possessing 'Borderline' characteristics was ultimately responsible for leading him to discover a deep and profound understanding of the very person he really was, rather than the person he 'thought' he was before meeting Yvette.

This book will appeal primarily to 'Non-BPD's', either people who are currently in relationships with partners and loved-ones who may be suffering from Borderline Personality Disorder (BPD), and/or those who may have chosen to leave such a relationship in the recent past. The book takes a balanced view, and recognises and acknowledges the reasons why 'non's' may choose to stay in such dysfunctional relationships. It is ultimately a book about self-discovery, and personal recovery from the trauma experienced by a 'non' by being in a 'Borderline' relationship.

It may also be of interest to those suffering from BPD, or those who suspect that they might be. It is an honest, heart-felt account about the chaos experienced by a 'non-BPD' within a 'Borderline' relationship, which also fully acknowledges the 'non's' contribution to the ongoing dysfunction within such a destructive relationship.

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