



It's Not You, It's Him: The Zero-Tolerance Approach to Dating

Georgia Witkin Ph.D.

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In her upbeat new “rules” for finding lasting love, Dr. Georgia Witkin shows that the secret to dating without all the pain is to assume that you are perfectly lovable exactly as you are. When a good date goes bad, the problem is never you. It’s him!

Suddenly dating is so simple. You will never again ask “why didn’t he call?” *It doesn’t matter.* You will never ask, “How should I change?” *You don’t have to.* Instead you will do what you want, go where you want, wear what you want, and it will only make you more perfect. You will take everything dates say and do as information about them—not you. You will have zero tolerance when you’re getting zero. You will feel happy, in control, and actually enjoy dating again. And before too long, the new you will fall wildly in love with a man who is just perfect enough to find you irresistible.

This book will make dating fun again—and help you find the love you always dreamed of.

“Why is this book for single women? Because we think about relationships, and talk about relationships, much more than single men do. And when things go wrong, we’re also much more likely to blame ourselves! We ask ourselves, “What’s wrong with me?” “What did I do?” “What should I have done differently?” Well, maybe, just maybe you are not the problem. Maybe, just maybe, you’d still be single *even if you were perfect.* Maybe the men you’re meeting have the problems. Maybe it’s not you, it’s him!

Actually, there’s no maybe about it. Your aunt in Florida, your married brother, and your gym friends are wrong—you are not single because you’re too picky, too pushy, or a princess. Besides, even if you were, picky, pushy princesses get married every day. And so will you. So let’s get real and get you the life you want.”

--Dr. Georgia Witkin, from...

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Sheila Seim:

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