



50 Ways To Have An Amazing Life After 50

Karen Batchelor

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Every day, more than ten thousand people turn fifty years old. As millions of 50 plus women and men move into the second half of life, they are asking over and over - what's next? Inspired by an amazing roller coaster ride through her own fifties, Karen Batchelor, author and leading life coach for 50-somethings, helps Baby Boomers answer this question with her book *50 Ways To Have An Amazing Life After 50*. *This mid life guidebook is packed with humor, life secrets, endearing stories and timeless advice from Karen's grandmother who lived to be almost 100.*

Designed to be read anytime and anywhere, Karen says, "*50 Ways To Have An Amazing Life After 50 is much like a box of chocolates where you can reach in, pick out what you want, enjoy it and come back for more later*". Each section of the book contains a thought-provoking quote, a motivational lesson and journaling space where you can work through the fears, uncertainties and lack of vision that may be keeping you from what you really want in life. *If you are tired of being stuck at the crossroads of "what's next" and "what's left", then 50 Ways To Have An Amazing Life After 50 can get you going in the right direction.*

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