



# **The Healing Horses: Horse as Therapist for Autistic Child: A Guide for Parents and Therapists (Volume 1)**

*Karolina Przewloka LaBrecque PhD*

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*Karolina Przewloka LaBrecque PhD*

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This book has been written as an attempt to demystify the influence of a horse on a person (especially a child) living with ASD. It is addressed to parents, caregivers, EAAT therapist, and future EAAT professionals. It is an attempt to show the both the science and practical application of using the horse as a therapeutic tool for an autistic child. . For those readers familiar with the EAAT knowledge, it is an attempt at a practical guide of the most popular approaches to autism. The information in this book includes the more than 15 years of practical experience I have as a hippotherapist and therapeutic horseback riding instructor, as well as thoroughly researched and supported knowledge from additional sources. In Part One –The Magic of The Horse- you will find basic information about the EAAT industry and how the horse influences the human being. Part Two provides an overview of ASD. Part Three will walk you through the most common therapeutic approaches to autism. Finally, Part Four will show how the horse can specifically help a child with autism. Each section of this book can be used independent of one another, or use as whole to provide a comprehensive overview.

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