

# The Methylation Miracle: Unleashing Your Body's Natural Source of SAM-e

Paul Frankel



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The Methylation Miracle: Unleashing Your Body's Natural Source of SAM-e Paul Frankel Suddenly everyone is buzzing about SAMe, an extraordinary natural chemical we all manufacture. When SAMe levels are increased, some amazing things start happening--many people have found relief from such debilitating illnesses as depression and liver disease.

Now, based on his own revolutionary findings, Dr. Paul Frankel explains a safe, natural, groundbreaking program of supplements, diet changes, and lifestyle modification that will enhance your body's natural methylation process--the one that creates SAMe. This biochemical reaction also reduces the risk of cancer, premature aging, and heart disease, as well as protecting our bodies from harmful toxins, promoting optimum health and well-being.

Discover *The Methylation Miracle* today and find out how this extraordinary program can dramatically improve your health, and enhance the quality and duration of your life!



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