



Tapping the Healer Within: Using Thought-Field Therapy to Instantly Conquer Your Fears, Anxieties, and Emotional Distress

Roger Callahan, Richard Trubo

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In *Tapping the Healer Within*, Dr. Roger Callahan shows you how to harness the healing power of Thought Field Therapy on your own, to overcome phobias, anxieties, addictions, and other common psychological problems.

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