



The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most

Elizabeth Baird

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More than twenty-five years of cooking expertise perfected in the unique *Canadian Living* Test Kitchen and printed in the food pages of *Canadian Living* magazine are distilled in this magnificent and completely new cookbook. The *Canadian Living* Test Kitchen guarantee — “Tested till perfect” — has assured a loyal following among cooks who know that *Canadian Living* Test Kitchen recipes guarantee success. Beautifully produced with a 2-colour interior and 2 eight-page photo inserts, the book contains more than 350 recipes, including regional specialties, dishes from our heritage communities, and fresh takes on modern classics such as sushi, chocolate fondue and pasta. Experienced cooks will enjoy the challenge of new inspirations such as Thai curries, pot stickers, grilled quail and chocolate confections. With an emphasis on eating for health, as well as nutritional analyses and advice, tips on cookware, food shopping and storage, and much more, *The Complete Canadian Living Cookbook* has everything any home cook will need. It is a guarantee of good food and an investment in good taste and good health.

- Over 350 *Canadian Living* “tested till perfect” recipes
- Information on choosing and storing fruits, vegetables, meat, poultry and fish
- Find how to select the right cooking equipment for your kitchen
- Tips on shopping, storage and ingredient substitutions
- Glossary of essential cooking and baking terms
- Advice on how to use slow cookers, bread machines and food processors
- Page-top symbols that pinpoint fast, make-ahead, freezable, budget-wise and *Canadian Living* classic recipes
- Streamlined recipes for easy preparation and clean-up
- Complete nutritional analysis for each recipe
- Cover the basics and challenges experienced cooks
- Highlights regional specialties and ingredients, dishes from our heritage communities and great cooks across the country

Tested till Perfect — The *Canadian Living* Test Kitchen

The *Canadian Living* Test Kitchen is the largest media test kitchen in Canada, testing and/or creating more than 500 recipes per year. Sensory evaluation takes place after each recipe is cooked. The challenge for the tester is not simply whether the dish tastes good but how its taste, appearance, healthfulness and method of preparation can be improved so that it will be the best it can possibly be. The recipe is deemed to be “Tested till Perfect” when it satisfies the high standards of the magazine. Canadians have learned to trust *Canadian Living Magazine*’s recipes because of the rigorous testing and editing process.

A sampling of delicious recipes:

Curried Lamb Phyllo Triangles

Baked Brie with Strawberry Mint Topping

Baby Spinach and Goat Cheese Salad

Red Barn Corn and Bean Salad

Perfect Roast Chicken
Salmon Cakes
Grilled Portobello Burgers
Old-fashioned Beef Stew
Luscious Mushroom Lasagna
Lemon Sponge Pudding
Chocolate Raspberry Ice-Cream Cake
Saskatoon Berry Pie
Apple Pie Muffins
Country Seed Bread
Pear and Apricot Conserve
Spicy Thai Shrimp and Noodle Soup
Asparagus Miso Soup
Glazed Sea Bass with Red Curry Sauce
Smoky Tex-Mex Rib

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Jacob King:

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Tammy Mangold:

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Michael Hilton:

Your reading sixth sense will not betray an individual, why because this The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most guide written by well-known writer who really knows well how to make book which can be understand by anyone who have read the book. Written throughout good manner for you, still dripping wet every ideas and producing skill only for eliminate your own personal hunger then you still question The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most as good book not merely by the cover but also by content. This is one guide that can break don't assess book by its protect, so do you still needing an additional sixth sense to pick this!?! Oh come on your looking at sixth sense already told you so why you have to listening to yet another sixth sense.

Robert Colgan:

Is it you actually who having spare time then spend it whole day through watching television programs or

just telling lies on the bed? Do you need something totally new? This The Complete Canadian Living Cookbook: 350 Inspired Recipes from Elizabeth Baird and the Kitchen Canadians Trust Most can be the solution, oh how comes? It's a book you know. You are so out of date, spending your spare time by reading in this brand-new era is common not a nerd activity. So what these guides have than the others?

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