

# Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge

Mary Ann McDonnell, Janet Wozniak



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The Definitive Resource on How to Identify, Treat, and Thrive with a Bipolar Child

More than three million American children suffer from some form of bipolar disorder, a life-impairing illness that can cause wild mood swings and even episodes of rage. But as a parent, can you tell the difference between a temperamental, moody child and one facing serious mental illness? Where do you turn if your child's tantrums and meltdowns are wreaking havoc? For families as well as professionals, here is the only book on early-onset bipolar disorder written by pediatric specialists who combine clinical care and research. Drawing from their professional experience and sharing stories of families in their practices, child psychiatrist Janet Wozniak and psychiatric nurse Mary Ann McDonnell guide you in how to:

- •Navigate the "diagnosis tangle" to ensure accurate identification of the disorder
- •Communicate effectively with doctors, teachers, and counselors
- •Find allies and choose a treatment team
- •Help your family cope

From medication to coping strategies, this accessible book offers the most up-to-date information as well as inspiration, encouragement, and invaluable wisdom for all involved.



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The book Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge make you feel enjoy for your spare time. You may use to make your capable considerably more increase. Book can to be your best friend when you getting pressure or having big problem with the subject. If you can make reading a book Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge being your habit, you can get a lot more advantages, like add your capable, increase your knowledge about a few or all subjects. It is possible to know everything if you like wide open and read a book Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge. Kinds of book are several. It means that, science publication or encyclopedia or other folks. So , how do you think about this book?

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Spent a free time and energy to be fun activity to try and do! A lot of people spent their leisure time with their family, or their friends. Usually they doing activity like watching television, planning to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Could be reading a book might be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to try look for book, may be the guide untitled Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge can be excellent book to read. May be it can be best activity to you.

#### Benita Eldridge:

The reason why? Because this Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will jolt you with the secret the item inside. Reading this book adjacent to it was fantastic author who also write the book in such incredible way makes the content inside easier to understand, entertaining means but still convey the meaning fully. So, it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have such as help improving your skill and your critical thinking method. So, still want to delay having that book? If I ended up you I will go to the guide store hurriedly.

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