

What Falls from the Sky: How I Disconnected from the Internet and Reconnected with the God Who Made the Clouds

Esther Emery



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Esther Emery was a successful playwright and theater director, wife and mother, and loving it all - until, suddenly, she wasn't. When a personal and professional crisis of spectacular extent leaves her reeling, Esther is left empty, alone in her marriage, and grasping for identity that does not define itself by busyness and a breakneck pace of life. Something had to be done.

What Falls from the Sky is Esther's fiercely honest, piercingly poetic account of a year without Internet - 365 days away from the good, the bad, and the ugly of our digital lives - in one woman's desperate attempt at a reset. Esther faces her addiction to electronica, her illusion of self-importance, and her longing to return to simpler days, but then the unexpected happens. Her experiment in analog is hijacked by a spiritual awakening, and Esther finds herself suddenly, inexplicably drawn to the faith she had rejected for so long.

Ultimately, Esther's unplugged pilgrimage brings her to a place where she finally finds the peace - and the God who created it - she has been searching for all along.

What Falls from the Sky offers a path for you to do the same. For all the ways the Internet makes you feel enriched and depleted, genuinely connected and wildly insufficient, What Falls from the Sky reveals a new way to look up from your screens and live with palms wide open in a world brimming with the good gifts of God.



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