



Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Sandra Phillips:

This book untitled Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) to be one of several books which best seller in this year, this is because when you read this guide you can get a lot of benefit into it. You will easily to buy that book in the book shop or you can order it by way of online. The publisher of this book sells the e-book too. It makes you more easily to read this book, because you can read this book in your Smart phone. So there is no reason to you personally to past this e-book from your list.

Rick Maldonado:

Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) can be one of your beginner books that are good idea. We all recommend that straight away because this guide has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining but still delivering the information. The writer giving his/her effort to place every word into enjoyment arrangement in writing Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) nevertheless doesn't forget the main stage, giving the reader the hottest along with based confirm resource information that maybe you can be certainly one of it. This great information can certainly drawn you into brand-new stage of crucial thinking.

May Chapa:

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