



Thumbs Up!: Five Steps to Create the Life of Your Dreams

Joey Reiman

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Purpose defines you. What you do with that purpose redefines the world.

Joey Reiman was told he might never move his hand again after a horrible, paralyzing accident in 1975. Refusing to accept this prognosis and give in to negative thoughts, all he wanted to do was move his thumb. “If I could just raise my thumb,” Reiman thought, “the rest will follow.” With this seed of what he now calls optimalism—believing that optimism creates optimal outcomes—Reiman did it. He gave himself a thumbs up.

Now Reiman, the world’s leading purpose branding expert and motivational speaker, will share his belief system with you. In *Thumbs Up!*, Reiman shows how five simple pointers will ultimately help you activate your dreams into actions. The secret to success is right at your fingertips. Your digits will guide you to:

Give the world a thumbs up
Point to your purpose in life
Give your middle finger to fear
March forth to take action
Remember the little things that matter

Thumbs Up! is a how-to that focuses on looking up and rising up to all you imagined you could be and determining that a life of purpose begins in the palm of your hand. Start your journey of life to deeper love, more meaningful work, better health, greater wealth, and richer faith.

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Patty Shield:

Information is provisions for anyone to get better life, information presently can get by anyone from everywhere. The information can be a know-how or any news even a concern. What people must be consider if those information which is from the former life are difficult to be find than now could be taking seriously which one is suitable to believe or which one typically the resource are convinced. If you find the unstable resource then you get it as your main information you will have huge disadvantage for you. All those possibilities will not happen inside you if you take Thumbs Up!: Five Steps to Create the Life of Your Dreams as your daily resource information.

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