



Tour Mentality: Inside the Mind of a Tour Pro

Nick O'Hern

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Ever wondered what tour pros are thinking? Every golfer out there wants to lower their scores and unlock *the secret* to the game. Now you can go inside the mind of a tour pro that lived, breathed, and played golf at the highest level. Learn from someone who couldn't break 80 to become the 16th best player in the world, and the only man to beat World No. 1 Tiger Woods twice in match play.

Nick O'Hern was a grinder on Tour extracting every ounce of ability from what he'd been given. Proving even if you aren't the most physically gifted golfer, you can still compete with anyone if you're mentally tough. That's the *secret* that allowed him to forge a successful career in a sport that's one of the toughest to do so, and it's the *secret* he offers in these pages.

What's your pre-shot routine? How do you prepare for your next round of golf? How should you practice and how do you beat first-tee nerves? These are just some of the questions he answers to bring you inside the mind of a tour pro and learn the *Tour Mentality*.

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