



The Reflection of Ultimate Truth: The Guide to the path of Self-Realization

Roshan Sharma

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From outside anything that comes to you, you only have a reflection of it. Even the truth that comes from outside, received in the form of reflection. You have to figure out the same truth in you. The truth already exists in you. It's only about the direction. In the outside world, you experience the manifestation, the effect of life, and when you move inward, you realize the cause of life. Unless you change the direction and move inward, you cannot realize the truth of life. This book has been designed to give you the wisdom of life, in a compact and precise way. Each chapter will effortlessly serve you to move inward. The physical reality is where life manifests itself. Your inner life reflects outside. Just experiencing the external reality, you cannot experience the ultimate truth of life. To know the truth you have to move inward. The outside life is not a real problem, but the actual problem is your direction with life. You search for the right thing in a wrong direction. The solution is inside. The answer to all your quest with life exists inside. However, you look for the solution outside. I cannot give you the solution. Neither I can give the ultimate truth. All I can do is point the direction, where you can experience the truth for yourself. It's just like, someone at a new destination, lost his way, and ask for the direction. You know the way. All you do is, direct the person in a right direction. The person living with the mind can only understand life with his limited perception. However, if the same mind, sees the world from the perspective of a whole, at least a desire arise, to experience life from a whole perspective. All the effort with the book is to give you the perspective of a whole. (P.S. - Feel free to reach to the Author through the Author's page, with any of your spiritual or personal query or query in relation to book.)

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