



# Gluten Wheat Allergy: Diets to Help: Suitable for Those with Coeliac Disease

*Rita Greer*

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## **Gluten Wheat Allergy: Diets to Help: Suitable for Those with Coeliac Disease** Rita Greer

Here is sound practical advice on gluten allergy, wheat sensitivity and coeliac disease. Also included are basic recipes, emergency menus and facts about coeliac disease.

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