



# **Crystals: The Complete Crystal Healing Guide! Heal the Body, Mind, and Soul with the Power of Crystals!**

*Emily A MacLeod*

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**Crystals - learn how they work and how to use them efficiently to heal your mind, body & soul!**

**A must-have book for beginners!**

Do you always find yourself feeling tired and depressed? Do you always suffer from migraines and headaches? Are you suffering from physical problems such as a nervous breakdown and diabetes? Do you need to attract good luck, love and wealth? Do you need a boost in your confidence, courage and self-worth? Do you need mind clarity and spiritual guidance? Do you need protection against outside forces or do you just want to know all about crystal healing?

Well, this book might be just for you!

This book *Crystal Healing* will help you overcome not only physical ailments but also emotional ones. This book will also teach you the basics about crystal healing.

This book was written in order to share and spread the many benefits of crystal healing. This book contains vital information regarding crystal healing, how it works, how it can be used, and the beneficial effects of the crystals. The different types of crystals were enumerated here in order to help you in selecting the right crystal for your ailments as well as your needs. Steps on clearing, programming, and dedicating crystals are also included here.

**So what is crystal healing?**

Crystal healing is a practice that makes use of crystals and stones to remedy emotional, psychological, and physical ailments and illnesses. Its proponents are convinced that gemstones and crystals have healing properties

**So how does a person use crystals for healing?**

Crystal healing can be done in two ways. One way is that a healer positions the crystals, also known as “chakras”, on various parts of the patient’s body. Another method is the positioning of the crystals around the body in order to create an “energy grid”. This is believed to envelop the patient with healing energy

**Here is a quick preview of what you will learn about crystals:**

- Crystal healing
- The seven chakras
- Healing crystals and their uses
- Clearing crystals
- Dedicating and programming crystals
- How to use crystals

- and much more!

**So let's get started, scroll up and purchase your Copy NOW!**

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