



# **Tears of Sorrow, Seeds of Hope: A Jewish Spiritual Companion for Infertility and Pregnancy Loss**

*Rabbi Nina Beth Cardin*

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# Tears of Sorrow, Seeds of Hope: A Jewish Spiritual Companion for Infertility and Pregnancy Loss

*Rabbi Nina Beth Cardin*

**Tears of Sorrow, Seeds of Hope: A Jewish Spiritual Companion for Infertility and Pregnancy Loss**  
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A spiritual companion for those grieving infertility, pregnancy loss, or stillbirth, bringing solace from Jewish tradition. "This book begins where the others leave off. While the doctors do what they must do, when it is time for us to wait, or hope, or cry, or sleep, or pray, it is time for this book. The passages found within are drawn from the rich pool of spiritual responses that Judaism possesses. They reach out to us and embolden us to join our voices to the ancient prayers designed to get us through the night." ?from the Introduction Enables those frustrated and pained in their attempts at parenthood to mourn the loss of a pregnancy or infertility through the prayers, rituals, and meditations of the Jewish tradition.

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