



50 Top Tools for Coaching: A Complete Toolkit for Developing and Empowering People

Gillian Jones, Ro Gorell

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The coaching market is still growing, and as it matures clients are becoming demanding buyers of coaching services. The need for coaching to demonstrate credibility and competence is increasing. This book sets out to help professional coaches achieve more with their clients.

The new edition of *50 Top Tools for Coaching* provides an updated broad range of techniques that can be easily applied to many situations along with new tools for today's coaches and trainers. The book will help coaches assess the needs of their clients, select tools that address their needs, and allow them to coach with confidence. It covers topics crucial to the coaching relationship, including: setting goals and measuring progress, understanding and resolving problems and conflict, increasing confidence and enhancing performance, interacting and working more effectively with others, enhancing one's leadership style.

A companion website includes downloadable forms, table and tools that coaches can use as well as video samples of coaching sessions to illustrate techniques described in the book.

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