

# The Blissful Toddler Expert: The Complete Guide to Calm Parenting and Happy Toddlers

Lisa Clegg



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Trusted maternity nurse Lisa Clegg is on-hand to gently guide you through your child's toddler years. In this book, you'll learn everything you need to know to support your toddler's development, including potty training—when and how to start, behavior—avoiding and coping with tantrums, feeding—introducing new foods and avoiding fussy eating, learning—encouraging language and movement, and next steps—preparing your toddler for nursery and pre-school. With practical advice, answers to common questions and confidence-boosting tips, this is the essential handbook for all parents with toddlers.

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