



Retirement: Different by Design: Six Building Blocks Fundamentally Changing How Life After Work is Viewed, Planned For, and Lived

Rick Steiner Ph.D.

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Redefining the Retirement Experience

My name is Dr. Rick author of *Retirement: Different by Design*. I wrote the book because I failed; and, I hate to fail at anything. Indeed, I "failed" to accept what retirement offered, a second chance, a mulligan, life's one and only do-over. I, like many of us, expected retirement to appear fully formed just turn the work switch off and the retirement switch on. But I was wrong, really wrong!

Retirement--A Different Way of Life

Work for many of us was who we were and what we did--it's how we defined ourselves. But retirement changes everything--what's so hard about "doing nothing" we think and truly believe. Oh my friends, that's when it all can go wrong. You see, retirement is more than the absence of work--it's a different way of life requiring new vision, new purpose and new life perspectives. Retirement, disconnects us from our familiar daily routines and what structured our lives, our social networks, our paychecks and our reason for getting up every morning.

Who Should Read this Book?

- The soon-to-be retired wanting to know what retirement "can" be like for them; and, if they are really ready to retire
- Reluctant retirees fearful of what they will find on the "other side of work"
- The already retired who are flirting with failing retirements wanting to know how to turn them around

Providing Answers, Not More Questions

Trained as a journalist and educated as a Social Psychologist I decided to find out what "retirement" is all about--to understand why some retirements thrive while others descend into boredom, dull routine and dysfunctional and unhealthy behaviors. It quickly became apparent that I had to challenge and replace commonly accepted retirement and age myths and misinformation with new integrated models *Retirement's Six Fundamental Building Blocks and Retirement's Ages and Stages* redefining the retirement experience.

It's Not Always about the Money

We all can live socially rich, emotionally balanced, intellectually nourishing, healthful and physically active retirements no matter the size of our bank accounts because retirement isn't about how much money we have in the bank, but how much "richness and joy" we have in our lives.

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From reader reviews:

Maria Asbury:

This book untitled Retirement: Different by Design: Six Building Blocks Fundamentally Changing How Life After Work is Viewed, Planned For, and Lived to be one of several books in which best seller in this year, here is because when you read this e-book you can get a lot of benefit into it. You will easily to buy this kind of book in the book retail outlet or you can order it by means of online. The publisher in this book sells the e-book too. It makes you more easily to read this book, because you can read this book in your Touch screen phone. So there is no reason to you to past this guide from your list.

Donna Lacher:

Can you one of the book lovers? If so, do you ever feeling doubt if you find yourself in the book store? Make an effort to pick one book that you find out the inside because don't judge book by its deal with may doesn't work here is difficult job because you are scared that the inside maybe not as fantastic as in the outside appear likes. Maybe you answer is usually Retirement: Different by Design: Six Building Blocks Fundamentally Changing How Life After Work is Viewed, Planned For, and Lived why because the amazing cover that make you consider in regards to the content will not disappoint a person. The inside or content will be fantastic as the outside or cover. Your reading 6th sense will directly show you to pick up this book.

Daniel McDonald:

As a student exactly feel bored in order to reading. If their teacher inquired them to go to the library in order to make summary for some book, they are complained. Just minor students that has reading's spirit or real their hobby. They just do what the teacher want, like asked to the library. They go to there but nothing reading seriously. Any students feel that reading is not important, boring in addition to can't see colorful pictures on there. Yeah, it is to become complicated. Book is very important in your case. As we know that on this era, many ways to get whatever we really wish for. Likewise word says, many ways to reach Chinese's country. So , this Retirement: Different by Design: Six Building Blocks Fundamentally Changing How Life After Work is Viewed, Planned For, and Lived can make you experience more interested to read.

Kirk Thomas:

Some people said that they feel fed up when they reading a reserve. They are directly felt the item when they get a half areas of the book. You can choose often the book Retirement: Different by Design: Six Building Blocks Fundamentally Changing How Life After Work is Viewed, Planned For, and Lived to make your own reading is interesting. Your personal skill of reading proficiency is developing when you like reading. Try to choose very simple book to make you enjoy to read it and mingle the sensation about book and reading through especially. It is to be very first opinion for you to like to available a book and go through it. Beside that the reserve Retirement: Different by Design: Six Building Blocks Fundamentally Changing How Life After Work is Viewed, Planned For, and Lived can to be your brand-new friend when you're truly feel

alone and confuse with the information must you're doing of this time.

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